

## The Swiss STAR trial – an evaluation of target groups for sexually transmitted infection screening in the sub-sample of men

Schmidt Axel J.<sup>ab</sup>, Rasi Manuela<sup>a</sup>, Esson Cate<sup>c</sup>, Christinet Vanessa<sup>d</sup>, Ritzler Michael<sup>e</sup>, Lung Thomas<sup>e</sup>, Hauser Christoph V.<sup>f</sup>, Stoeckle Marcel<sup>g</sup>, Jouinot Florent<sup>d</sup>, Lehner Andreas<sup>h</sup>, Lange Katharina<sup>i</sup>, Konrad Torsten<sup>f</sup>, Vernazza Pietro<sup>a</sup>

<sup>a</sup> Division of Infectious Diseases and Infection Control, Cantonal Hospital St. Gallen, Switzerland

<sup>b</sup> Communicable Diseases Division, Swiss Federal Office of Public Health, Bern, Switzerland

<sup>c</sup> PROFA – Consultations in Sexual Health, Renens, Switzerland

<sup>d</sup> Checkpoint Vaud, Lausanne, Switzerland

<sup>e</sup> labormedizinisches zentrum Dr Risch AG, Buchs, Switzerland

<sup>f</sup> Department of Infectious Diseases, Bern University Hospital, University of Bern, Switzerland

<sup>g</sup> Division of Infectious Diseases and Hospital Epidemiology, University Hospital Basel and University Basel, Switzerland

<sup>h</sup> Swiss AIDS Federation, Zurich, Switzerland

<sup>i</sup> Checkpoint Basel, Switzerland

### Summary

**OBJECTIVES:** In Switzerland, universal health insurance does not cover any routine testing for sexually transmitted infections (STIs), not even in individuals at high risk, and extra-genital swabbing is not standard of care. We determined the prevalence and incidence of human immunodeficiency virus (HIV), viral hepatitis and non-viral STIs in a multicentre prospective observational cohort of multi-partner men who have sex with men (MSM) and other men.

**MATERIALS AND METHODS:** Between January 2016 and June 2017, we offered free STI testing to all men with multiple sexual partners (three or more in the previous 12 months), with follow-up examinations every 6 months. We used multiplex polymerase chain-reaction testing (for *Neisseria gonorrhoeae*, *Chlamydia trachomatis*, *Trichomonas vaginalis*, *Mycoplasma genitalium*) on pooled swabs (pharynx, urethra/vagina, anus), and antibody tests for HIV and *Treponema pallidum* at every visit, and for hepatitis B/C at baseline.

**RESULTS:** We screened 779 multi-partner MSM and 92 other men. Previously undiagnosed HIV was found in 0.5% vs 0.0%, respectively and *T. pallidum* antibodies in 15.3% vs 1.1%. STIs requiring antibiotic treatment comprised: active syphilis 1.7% vs 0.0%; *N. gonorrhoeae* 10.3% vs 0.0%; *C. trachomatis* 8.7% vs 1.1%. One in four MSM versus 1 in 100 other multi-partner men had any of these three STIs at baseline. 10.4% vs 1.3% had a history of hepatitis B, 31.9% vs 47.3% had no immunity (HBs-AB <10 IU/l). Ten MSM had HCV antibodies (1.4%), with 8 out of the 10 being MSM with HIV; HCV seroprevalence was 0.3% among HIV-negative MSM. In MSM, incidence of the three bacterial STIs was 25.5 per year over 333 person years of follow-up, HIV incidence was 0.3%. Non-condom-

use (in the last 3 months) for anal/vaginal sex was not associated with STIs. Independent risk factors were sex with men (adjusted odds ratio [aOR] 16.4) and the number of sexual partners (aOR 2.3 for >20).

**CONCLUSION:** Among MSM, but not among other multi-partner men, STIs, mostly asymptomatic, are common. Given the high risk of onward transmission, low-cost or free routine screening of multi-partner MSM is a public health priority.

**Keywords:** sexually transmitted diseases, men, sexual and gender minorities, hepatitis C, hepatitis B, HIV, homosexuality, sexual behaviour

### Editorial note

We decided to publish the main results of the Swiss STAR trial as two separate publications – one on the sub-sample of men, [another on the sub-sample of women](#). Reasons for this include anatomical and epidemiological differences, and the medical disciplines in charge: urology and infectious diseases for men, and gynaecology for women. Furthermore, the two main target groups, men who have sex with men and female sex workers, differ with respect to the legal and societal context of sexual contacts, all of this probably resulting in distinct readerships. The detailed joint methods for both publications are available as online supplement.

### Four key messages

1. In Switzerland five multi-partner MSM need screening for bacterial STIs to find one with a notifiable and clinically relevant infection: syphilis, gonorrhoea, or chlamydia.

### Correspondence:

Dr. med. Axel Jeremias Schmidt, MPH, Cantonal Hospital St. Gallen, Division of Infectious Diseases and Infection Control, Rorschacherstrasse 95, CH-9007 St. Gallen, [axeljeremias.schmidt\[at\]kssg.ch](mailto:axeljeremias.schmidt[at]kssg.ch)

2. Biannual STI screening among multi-partner MSM, regardless of condom use, should be offered as part of a free/low-cost package that also includes an HIV test.
3. In Switzerland, multi-partner men who only have sex with women will not benefit from STI screening in the absence of symptoms, or from regular routine HIV testing.
4. In Switzerland, hepatitis C prevalence among non-HIV-diagnosed MSM is low with no evidence for an increasing trend.

## Introduction

The Swiss National Programme on human immunodeficiency virus (HIV) and other sexually transmitted infections (STIs) 2011–2017 highlights the importance of early detection and correct treatment of STIs in addition to behavioural changes and vaccinations, where applicable [1]. Reducing numbers of sexual partners is a behavioural change that likely results in a decreased risk of STIs [2], although the role of condom use to prevent syphilis and gonorrhoea, and particularly chlamydia, has been debated [3–6].

The Swiss healthcare system, however, is a substantial barrier to the implementation of this recommendation as universal health insurance does not cover any routine testing for STIs, even in individuals at high risk. Although individuals with symptoms of an STI are likely to contact a physician to receive appropriate treatment, asymptomatic individuals may be reluctant to do so, since the costs for STI screening have to be paid out of their own pocket. If Swiss published recommendations are closely followed and swabs from different anatomical sites are not pooled [7], testing costs for syphilis, gonorrhoea, and chlamydia add up to more than US\$ 700 or, when adjusted for purchasing power parity, of almost US\$ 600 PPP [8]. Since this characteristic of the Swiss healthcare system hinders the implementation of a diagnostic procedure in the interest of public health, the Swiss government is currently investigating the implementation of a new financing system for such diagnostic procedures. However, to establish a system for the financing of these tests, the ideal target group/s for such a diagnostic procedure need to be defined.

The prevalence and incidence of STIs in clients of testing sites in Switzerland is largely unknown. The primary objective of the STAR trial was to describe the prevalence of HIV and common non-viral STIs across different behavioural/demographic risk categories. Although routine testing for hepatitis C virus (HCV) in men who have sex with men (MSM) without known HIV infection is not recommended in Switzerland, studies have recommended close monitoring of trends in the spread of HCV among MSM [9]. For this reason, we included testing for HCV antibodies as a secondary objective for MSM and female sex workers (FSWs). Other secondary objectives were to describe the incidence of infections with HIV and common non-viral STIs in MSM and FSWs, the prevalence of chronic hepatitis B, and to compare self-reported with actual hepatitis B vaccination status / immunity. We aimed to determine prevalence and incidence of HIV and STIs in two groups considered at high risk for STIs: FSWs [10] and MSM. This paper presents the results for MSM and a

small comparison group of multi-partner men who exclusively had sex with women.

## Materials and methods

Across Switzerland, between January 2016 and June 2017, we offered free STI testing to men and women with multiple sexual partners (three or more in the last 12 months) attending multiple STI testing sites. The study provided follow-up examinations every 6 months. We used multiplex polymerase chain-reaction testing (PCR) (for *Neisseria gonorrhoeae*, *Chlamydia trachomatis*, *Trichomonas vaginalis*, *Mycoplasma genitalium*) of pooled swabs (pharynx, urethra/vagina, anus), and antibody tests for HIV and *Treponema pallidum* (IgG/M, plus rapid plasma reagin if positive) at every visit, and for hepatitis B and C at baseline. At every visit, participants self-completed an anonymous online questionnaire. The detailed methods are described in appendix 1.

Ethical approval was given on 21 July 2015 by the lead ethics committee Eastern Switzerland (EKOS) under BASEC PB\_2016-00738, and subsequently approved by ethics committees in Bern (KEK BE), Basel (EKNZ), Vaud (CER-VD), and Zurich (KEK ZH).

## Results

We enrolled 779 MSM (including 29 male sex workers) and 92 other multi-partner men who reported sex exclusively with women. Enrolment of male participants peaked in summer 2016. Overall, 535 men returned at least once for follow up, resulting in a follow-up rate of 61% and 338.0 person-years of follow-up. All participants received all HIV/STI tests; five men were not tested for HBV, and for 55 MSM HCV-RNA could not be determined because one centre used the wrong sampling tubes; they were excluded from the respective analyses.

### Sociodemographic characteristics

Participants from the French-speaking part of Switzerland were over-represented. Most participants were recruited in dedicated MSM health centres ('Checkpoints'). Among MSM, 0.3% were transgender men, 3.7% had sold sex since their last HIV test and 3.6% had HIV diagnosed prior to enrolment. Median age was 33 years for MSM vs 32 years among other multi-partner men. Nationality broadly reflected the composition of the Swiss general population. Almost all had health insurance in Switzerland. Almost half of MSM and about a third of other men were single. Table 1 shows the sociodemographics.

### Risk/precautionary behaviour

Overall, 78% of MSM vs 84.2% of other multi-partner men reported full vaccination against hepatitis B. Human papilloma virus (HPV) vaccination was reported by 4.1% vs 1.4%, and in men under 27 by 8.3% vs 6.7%.

A history of previously diagnosed STIs was reported by 44.2% of MSM vs 17.4% of other multi-partner men. Furthermore, 43.0% vs 10.9% had more than 10 partners in the past 12 months; sex in a group was reported by 40.5% vs 9.8%. Among MSM, two thirds had met at least half of their partners online and 6.5% had paid for sex since their

**Table 1:** Overview and sociodemographic parameters, risk and precautionary behaviours at baseline.

		<b>MSM n/N (%)</b>	<b>Other men n/N (%)</b>
<b>Study recruitment overview</b>			
Persons with baseline visit		N = 779	N = 92
Persons with follow-up visits		n = 526	n = 9
Follow up visits		n = 623	n = 9
Follow-up rate		526/779 (67.5)	9/92 (9.8)
Person years of follow up		333.2 years	4.8 years
<b>Location of VCT centre in Switzerland</b>	French-speaking part	373/779 (47.9)	3/92 (3.3)
	German-speaking part	406/779 (52.1)	89/92 (96.7)
<b>Service recruited at</b>	Dedicated MSM health centre	593/779 (76.1)	4/92 (4.3)
	General hospital	156/779 (20.0)	88/92 (95.7)
	Other VCT centre	30/779 (3.9)	0/92 (0.0)
<b>Sociodemographic parameters</b>			
<b>Especially vulnerable groups</b>	Transgender (FtM)	2/779 (0.3)	0/92 (0.0)
	Sold sex since last HIV test	29/779 (3.7)	0/92 (0.0)
	Previously diagnosed HIV	28/779 (3.6)	0/92 (0.0)
<b>Age</b>	<25 years	148/779 (19.0)	14/92 (15.2)
	25–39 years	393/779 (50.4)	55/92 (59.8)
	40+ years	238/779 (30.6)	23/92 (25.0)
	Median (IQR)	33 (26; 42)	32 (27; 40)
<b>Nationality</b>	Swiss	543/779 (69.7)	85/92 (92.4)
	Neighbouring countries: AT, DE, FR, IT	116/779 (14.9)	2/92 (2.2)
	Latin American, ES, PT	53/779 (6.8)	0/92 (0.0)
	Other Western European, US, CA	21/779 (2.7)	0/92 (0.0)
	Eastern and South-eastern European	21/779 (2.7)	3/92 (3.3)
	African	10/779 (1.3)	1/92 (1.1)
	Asian	15/779 (1.9)	0/92 (0.0)
	Unknown	0/779 (0.0)	1/92 (1.1)
<b>Legal status</b>	Swiss	553/779 (69.7)	85/92 (92.4)
	Settlement permit	99/779 (12.7)	3/92 (3.3)
	Renewable/commuter permit	114/779 (14.6)	2/92 (2.2)
	Short-term permit or tourist	18/779 (2.3)	2/92 (2.2)
	No permit	5/779 (0.6)	0/92 (0.0)
<b>Health insurance in Switzerland</b>		734/764 (94.2)	89/91 (96.7)
<b>Single / no steady partnership</b>		356/751 (47.4)	33/92 (35.9)
<b>Non-heterosexual identity*</b>		757/779 (97.2)	0/92 (0.0)
<b>Risk and precautionary behaviours</b>			
<b>Reports hepatitis B vaccination†</b>		462/592 (78.0)	48/57 (84.2)
<b>Reports HPV vaccination†</b>		25/609 (4.1)	1/74 (1.4)
<b>Previous history of diagnosed STIs‡</b>		435/779 (44.2)	76/92 (17.4)
<b>Number of sexual partners, previous 12 months</b>	3–5	204/779 (26.2)	57/92 (62.0)
	6–10	240/779 (30.8)	25/92 (27.2)
	11–20	184/779 (23.6)	8/92 (8.7)
	21–50	112/779 (14.4)	2/92 (2.2)
	50+	39/779 (5.0)	0/92 (0.0)
<b>Bought sex since last HIV test</b>		51/779 (6.5)	22/92 (23.9)
<b>Sex in a group, previous 12 months</b>	No	464/779 (59.6)	83/92 (90.2)
	Yes, longer than 6 weeks ago	298/779 (38.3)	9/92 (9.8)
	Yes, in the last 6 weeks	17/779 (2.2)	0/92 (0.0)
<b>Online acquisition of sex partners</b>	None, previous 12 months	132/779 (16.9)	51/92 (55.4)
	Less than half, previous 12 months	129/779 (16.6)	26/92 (28.3)
	Half or more, previous 12 months	518/779 (66.5)	15/92 (16.3)
<b>PrEP use§</b>		8/779 (1.0)	0/92 (0.0)
<b>CAVI, last 3 months</b>		347/779 (44.5)	49/92 (46.7)
<b>Negotiated safety</b>	No steady partner	356/749 (47.5)	33/92 (35.9)
	No agreements	138/749 (18.4)	37/92 (40.2)
	Condom use outside partnership	255/749 (34.0)	22/92 (23.9)
<b>IDU, previous 12 months</b>		4/773 (0.5)	0/88 (0.0)
<b>Sexualised drug use¶</b>		235/743 (31.6)	14/89 (15.7)
<b>Chemsex¶, previous 12 months</b>		7/63 (11.1)	n.a.

AT = Austria; CA = Canada; CAVI = condomless anal or vaginal intercourse; DE = Germany; ES = Spain; FR = France; FtM = female to male transition; HIV = human immunodeficiency virus; HPV = human papilloma virus; IDU = injection drug use; IQR = interquartile range; IT = Italy; MSM = men who have sex with men; PrEP = pre-exposure prophylaxis; PT = Portugal; STI = sexually transmitted infection; US = United States of America; VCT = voluntary counselling and testing. \* Identifying as homosexual, bisexual, or other (but not as heterosexual) † Excluding participants who said they don't know. ‡ It was not specified what counted as an STI (other than HIV). § PrEP use was the only variable not self-reported but reported by medical staff. ¶ Sexualised drug use, consumption of poppers, cannabis, cocaine or synthetic drugs before or during sex; Chemsex, here defined as use of GHB/GBL, ketamine, crystal methamphetamine, or mephedrone "often or always when having sex" in the previous 12 months.

last HIV test. Among other multi-partner men, 16.3% had met at least half of their partners online and 23.9% had paid for sex since their last HIV test.

About half of male participants (44.5% vs 46.7%) reported condomless anal or vaginal intercourse in the past 3 months. Among respondents with a steady partner, MSM were more likely to report explicit agreements on condom use with non-steady partners ("negotiated safety": 64.9% vs 37.3%). Use of oral HIV chemoprophylaxis (PrEP) was not included in the clients' questionnaire but was documented for eight MSM (1.0%) at baseline.

Sexualised drug use was reported by 31.6% vs 15.7%. Injection drug use in the last 12 months was rare (0.5% of MSM), but 11.1% reported Chemsex "often or always when having sex". Although the baseline measure for Chemsex was based on only 63 participants, the follow-up measure was similar (9.8% of N = 582). Table 1 shows risk and precautionary behaviours.

#### Clinical outcomes: mental health, HIV/STIs, hepatitis B and C

In both groups one third of men showed signs of major depression in the PHQ-2 screening tool, and 11.9% of MSM vs 4.3% of other multi-partner men were sexually unhappy ( $p = 0.015$ ).

Previously undiagnosed HIV was found in 0.5% vs 0.0% and *T. pallidum* antibodies in 15.3% vs 1.1% ( $p < 0.001$ ). For STIs requiring antibiotic treatment according to some guidelines at the time, we found active syphilis in 1.4% vs 0.0%, *N. gonorrhoeae* in 10.3% vs 0.0% ( $p < 0.001$ ), *C. trachomatis* in 8.7% vs 1.1% ( $p = 0.003$ ), *T. vaginalis* in 3.2% vs 2.2% and *M. genitalium* in 5.3% vs 1.1% ( $p = 0.051$ ). The collective measure for any of those five STIs was 25.6% vs 4.4%, corresponding to a number needed to screen (NNS) of 4 vs 23 ( $p < 0.001$ ).

When only bacterial infections with *N. gonorrhoeae*, *C. trachomatis*, and *T. pallidum* were considered to require treatment, the number needed to screen among MSM was still low (one in five), vs one in a hundred among other multi-partner men ( $p < 0.001$ ).

For viral hepatitis, 10.4% of MSM vs 1.3% of other multi-partner men had a history of hepatitis B (antibodies to hepatitis B core antigen [HBc-AB] positive,  $p = 0.003$ ), 1.4% vs 1.3% had chronic hepatitis B (HBc-AB positive, antibodies to hepatitis B surface antigen [HBs-AB] negative) and 31.9% vs 47.3% had no immunity (HBs-AB  $< 10$  IU/l,  $p = 0.003$ ). Among MSM, with use of this HBs-AB cut-off, the question relating to hepatitis B vaccination was 89.7% sensitive and 44.7% specific. Ten MSM had HCV antibodies (1.4%), with 8 out of the 10 being MSM with HIV; HCV seroprevalence was 0.6% among MSM without HIV infection known at baseline, and 0.3% among HIV-negative MSM. Three MSM (0.4%) had detectable HCV-RNA – all of them also had HIV. Table 2 shows the clinical outcomes.

Despite a rather small control group, the differences were statistically significant for a history of syphilis, current gonorrhoea, current *C. trachomatis* infection, and for all combined outcomes. The differences were also statistically significant for a history of hepatitis B and lack of corresponding immunity.

Among MSM, with over 333.2 person years of follow-up, the proportion with incident STIs over 1 year of follow-up was slightly higher than prevalent STIs at baseline (fig. 1), but only the aggregated measure of "any of the five STIs" showed a significantly higher incidence. We found one incident HIV infection, corresponding to an incidence of 0.3%.

#### Multivariable models

In multivariable regression analysis (table 3) – further controlling for age, previous HIV status, transactional sex and group sex – inconsistent condom use (in the last 3 months) for anal/vaginal sex was not associated with STIs (neither was "negotiated safety", data not shown). Independent risk factors were sex with men (adjusted odds ratio [aOR] 16.4, 95% confidence interval [CI] 2.4–120.1) and the number of sexual partners (aOR 2.3 for  $> 20$ , 95% CI 1.2–4.5).

When also controlled for reported symptoms, our findings were largely similar, but the variance explained by our model increased from 10% to 13%. Using alternative composite outcomes by adding *M. genitalium* and *T. vaginalis* did not substantially challenge these findings; however all effect size measures decreased and so did the explained variance.

#### Discussion

Among multi-partner MSM, but not among other multi-partner men, STIs, mostly asymptomatic, are common. In voluntary counselling and testing centres in Switzerland five multi-partner MSM need to be screened for bacterial STIs to find one with a notifiable and clinically relevant infection: syphilis, gonorrhoea, or chlamydia. One in four MSM acquired at least one of these bacterial STIs per year. Given that less than 4% of MSM had previously diagnosed HIV at baseline – less than half of what would have been expected [11] – our estimates may be conservative.

#### HIV

We found an HIV incidence of 0.3% per year in MSM, matching previous findings based on MSM population estimates and notification data [11, 12]. The baseline prevalence of previously undiagnosed HIV in MSM was similar (0.5%), suggesting HIV testing is frequent in this population.

#### Hepatitis B and C

This study confirms previous findings that HCV infections are concentrated in HIV-diagnosed MSM, but among MSM without diagnosed HIV do not exceed the prevalence in the general population. When results of the two

published studies on HCV in non-HIV-diagnosed MSM in Switzerland (total n = 1454) are combined, HCV seroprevalence was 0.3% (95% CI 0.1–0.7) and HCV-RNA was present in 0.1% (95% CI 0.01–0.4) [9]. This is not statistically different from our findings, with 0.3% (0.05–1.2) and 0.0% (0.0–0.4), respectively. It also suggests that between 2009 and 2016, HCV in non-HIV-diagnosed MSM in Switzerland has not increased.

In Switzerland, hepatitis B vaccination is recommended and reimbursed for all adolescents as well as men and women with “frequently changing partners” [13]. All study participants were eligible for hepatitis B vaccination. Although previous hepatitis B infection correlated positively with age, MSM had an overall prevalence of 10% of HBc-AB, much higher than among other multi-partner men, which suggests the promotion of hepatitis B vaccination among MSM should be prioritised. A third of MSM showed evidence of no or insufficient vaccination, despite

a conservative cut-off of <10 IU/l. Whereas the question on self-reported hepatitis B vaccination showed a high sensitivity for detecting individuals with previous vaccination, it was not very specific and thus overestimates true vaccination status. This has implications for monitoring vaccination coverage.

### Non-viral STIs

Fifteen per cent of MSM showed evidence of prior syphilis infection, matching the 15.4% reported in one of the largest studies of MSM living in Switzerland (EMIS-2017) [14]. After a historic nadir around the year 2000, syphilis incidence has steadily increased [15]. Epidemiological models have suggested that even sustainable interventions around partner reduction or increasing condom use would have limited effects [16], and the US Centers for Disease Control’s syphilis elimination plan officially ended in 2013 [17]. Among MSM in this study, the baseline prevalence of active syphilis was 1.7%, and the incidence was 4.2 per

**Table 2:** Clinical outcomes. Mental health, HIV, STIs, Hepatitis B and C, percentages with 95% confidence intervals.

Prevalence at baseline		MSM % (95% CI)	Other men % (95% CI)	
Persons with baseline visit		n = 779	n = 92	
<b>Mental Health</b>	Sexually unhappy	11.9 (9.8–14.5)	4.3 (1.4–11.4)	
	Signs of major depression (PHQ-2 variant)	31.8 (28.6–35.3)	31.5 (22.5–42.2)	
<b>HIV</b>	Newly diagnosed HIV	0.5 (0.2–1.4)	0.0 (0.0–3.3)	
<b>STIs</b>	Active syphilis (treatment)	1.7 (0.9–2.9)	0.0 (0.0–3.3)	
	<i>T. pallidum</i> IgG/M positive	15.3 (12.9–18.0)	1.1 (0.1–6.8)	
	High RPR/VDRL (reactive at 1: ≥8)	1.3 (0.7–1.4)	0.0 (0.0–3.3)	
	<i>N. gonorrhoeae</i>	10.3 (8.3–12.7)	0.0 (0.0–3.3)	
	<i>C. trachomatis</i>	8.7 (6.9–11.0)	1.1 (0.1–6.8)	
	<i>T. vaginalis</i>	3.2 (2.1–4.8)	2.2 (0.4–8.4)	
	<i>M. genitalium</i>	5.3 (3.8–7.1)	1.1 (0.1–6.8)	
	Active syphilis, NG, or CT	19.0 (16.3–22.0)	1.1 (0.1–6.8)	
	Active syphilis, NG, CT, or TV	21.4 (18.6–24.5)	3.3 (0.8–9.9)	
	Active syphilis, NG, CT, TV, or MG	25.5 (22.5–28.8)	4.3 (1.4–11.4)	
	Reporting STI symptoms*	15.0 (12.6–17.7)	12.0 (6.4–20.8)	
	<b>Hepatitis B and C</b>	No. persons with HBs-AB (HBc-AB, HCV-AB)	n = 775 (511, 724)	n = 91 (77, n.a.)
		HBs-AB <10 IU/l	31.9 (28.6–35.3)	47.3 (36.8–57.9)
HBc-AB positive		10.4 (8.0–13.5)	1.3 (1.2–6.7)	
HBc-AB positive, HBs-AB negative		1.4 (0.6–3.0)	1.3 (0.1–8.1)	
HCV-AB		1.4 (0.8–2.7)	n.a.	
HCV-RNA		0.4 (0.1–1.3)	n.a.	
HCV-AB among HIV-negative		0.3 (0.05–1.2)	n.a.	
HCV-RNA among HIV-negative		0.0 (0.0–0.4)	n.a.	
<b>Yearly incidence during follow-up</b>		MSM % (95% CI)		
Persons with follow-up visits		n = 526		
Follow up visits		n = 623		
Person-years of follow up		333.2 years		
<b>HIV</b>	Newly diagnosed HIV	0.3 (0.04–2.2)		
	<b>STIs</b>			
	Active syphilis (treatment)	4.2 (2.5–7.0)		
	High RPR/VDRL (reactive at 1: ≥8)	2.1 (1.0–4.4)		
	<i>N. gonorrhoeae</i>	14.7 (11.4–19.0)		
	<i>C. trachomatis</i>	9.0 (6.4–12.7)		
	<i>T. vaginalis</i>	5.4 (3.4–8.5)		
	<i>M. genitalium</i>	6.3 (4.2–9.5)		
	Active syphilis, NG, or CT	25.5 (21.2–30.6)		
	Active syphilis, NG, CT, or TV	30.6 (26.0–36.0)		
	Active syphilis, NG, CT, TV, or MG	36.9 (32.1–42.5)		

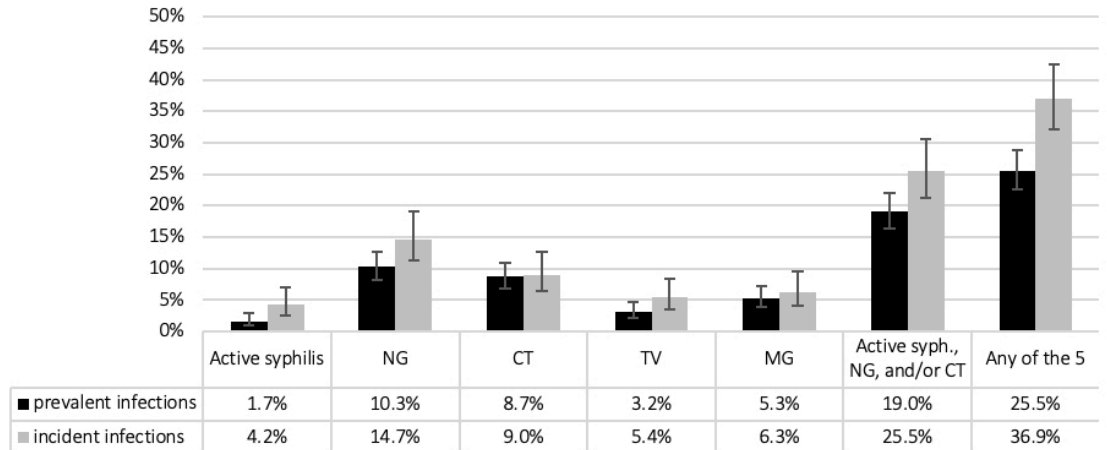
AB = antibodies; CI = confidence interval; CT = *C. trachomatis*; MSM = men who have sex with men; HBc = hepatitis B core; HBs = hepatitis B surface; HBV = hepatitis B virus; HCV = hepatitis C virus; HIV = human immunodeficiency virus; IgG/M = immunoglobulin G/M; IU = international units; MG = *M. genitalium*; MSM = men who have sex with men; NG = *N. gonorrhoeae*; PHQ = patient health questionnaire; RPR = rapid plasma reagin; STI = sexually transmitted infection; TV = *T. vaginalis*; VDRL = venereal diseases research laboratory. \* Participants were shown a comprehensive list of STI symptoms and asked if they currently had any of them.



100 person-years. This compares to 74 per 100 person-years among HIV-positive MSM in the Swiss HIV Cohort Study in 2014 [18], corroborating previous findings that

the current syphilis epidemic is concentrated in sexual networks of MSM in general, and in sexual networks of HIV-positive MSM in particular. Given that syphilis incidence

**Figure 1:** Sexually transmitted infections among men who have sex with men at baseline (n = 779) and during follow-up (n = 526 over 623 follow-up visits; 333.2 years of follow-up); percent with 95% confidence intervals. CT = *C. trachomatis*; MG = *M. genitalium*; NG = *N. gonorrhoeae*; TV = *T. vaginalis*.



**Table 3:** Uni- and multivariable regression models.

Regression model		Univariable OR (95% CI)	Multivariable 1 AOR (95% CI)	Multivariable 2 AOR (95% CI)
<b>Persons with baseline visit</b>		<b>N = 871</b>	<b>N = 871</b>	<b>N = 871</b>
<b>Nagelkerke's R<sup>2</sup></b>		–	9.8% 7.8%	12.5% 9.0%
<b>Age</b>	40+ years	1	1	1
	25–39 years	1.38 (0.90–2.11) <i>1.20 (0.83–1.74)</i>	1.47 (0.94–2.28) <i>1.27 (0.86–1.86)</i>	1.42 (0.91–2.22) <i>1.24 (0.84–1.82)</i>
	<25 years	1.54 (0.91–2.96) <i>1.34 (0.85–2.13)</i>	1.62 (0.93–2.84) <i>1.43 (0.87–2.33)</i>	1.51 (0.86–2.66) <i>1.37 (0.84–2.24)</i>
<b>Previous HIV diagnosis</b>	No	1	1	1
	Yes	1.65 (0.69–3.94) <b>2.19 (1.01–4.76)</b>	1.20 (0.48–2.96) <i>1.74 (0.78–3.88)</i>	1.13 (0.45–2.86) <i>1.70 (0.76–3.83)</i>
<b>Sold sex since last HIV test</b>	No	1	1	1
	Yes	<b>2.66 (1.21–5.85)</b> <i>2.07 (0.96–4.46)</i>	1.81 (0.80–4.06) <i>1.47 (0.67–3.23)</i>	1.63 (0.71–3.75) <i>1.37 (0.62–3.05)</i>
<b>Bought sex since last HIV test</b>	No	1	1	1
	Yes	0.66 (0.32–1.36) <i>0.56 (0.29–1.09)</i>	1.03 (0.48–2.21) <i>0.79 (0.39–1.59)</i>	0.99 (0.46–2.15) <i>0.77 (0.38–1.56)</i>
<b>Number of sexual partners, previous 12 months</b>	3–5	1	1	1
	6–10	<b>1.86 (1.09–3.17)</b> <i>1.74 (1.12–2.71)</i>	1.56 (0.88–2.73) <i>1.43 (0.89–2.32)</i>	<b>1.81 (1.01–3.23)</b> <i>1.56 (0.96–2.53)</i>
	11–20	<b>2.94 (1.71–5.03)</b> <i>2.11 (1.33–3.37)</i>	<b>2.22 (1.20–4.10)</b> <i>1.53 (0.89–2.63)</i>	<b>2.42 (1.29–4.53)</b> <i>1.59 (0.92–2.75)</i>
	20+	<b>3.38 (1.94–5.89)</b> <i>2.76 (1.71–4.46)</i>	<b>2.31 (1.19–4.48)</b> <i>1.84 (1.03–3.30)</i>	<b>2.45 (1.25–4.78)</b> <i>1.89 (1.05–3.39)</i>
<b>Sex in a group, previous 12 months</b>	No	1	1	1
	Yes	<b>1.71 (1.20–2.44)</b> <i>1.68 (1.22–2.30)</i>	1.03 (0.66–1.59) <i>1.15 (0.77–1.72)</i>	1.06 (0.68–1.65) <i>1.18 (0.79–1.76)</i>
<b>CAVI, previous 3 months</b>	No	1	1	1
	Yes	<b>1.49 (1.05–2.13)</b> <i>1.30 (0.95–1.78)</i>	1.33 (0.91–1.93) <i>1.15 (0.82–1.60)</i>	1.25 (0.86–1.83) <i>1.10 (0.79–1.55)</i>
<b>Sex with men in the past 12 months</b>	No	1	1	1
	Yes	<b>21.34 (2.95–154.41)</b> <i>7.55 (2.74–20.83)</i>	<b>16.40 (2.38–120.12)</b> <i>5.77 (2.06–16.21)</i>	<b>16.06 (2.19–117.94)</b> <i>5.65 (2.01–15.87)</i>
<b>Reporting STI symptoms</b>	No	1	–	1
	Yes	<b>2.52 (1.65–3.87)</b> <i>1.84 (1.23–2.77)</i>	–	<b>2.53 (1.60–3.99)</b> <i>1.84 (1.20–2.83)</i>

(A)OR = (adjusted) Odds Ratio; CAVI = condomless anal or vaginal intercourse; CI = confidence interval; CT = *C. trachomatis*; MG = *M. genitalium*; NG = *N. gonorrhoeae*; STI = sexually transmitted infection; TV = *T. vaginalis*Data presented are crude and adjusted odds ratios (**bold** if p < 0.05) with 95% confidence intervals. Combined endpoints: diagnosis of active syphilis, NG, or CT; and – *in italics* – diagnosis of active syphilis, NG, CT, TV, or MG among men.

in this study was 10 times higher than HIV incidence, we agree with Australian guidelines that testing MSM for syphilis only once per year may not be sufficient to control the epidemic [19].

As urethral infections with *N. gonorrhoeae* are typically symptomatic and lead to medical consultation [20], most cases of gonorrhoea in this study are likely to have been present in the rectum, and/or in the oropharynx. The majority of *N. gonorrhoeae* / *C. trachomatis* infections in MSM are missed if asymptomatic testing is restricted to a urine specimen [21]. Pharyngeal screening is not implemented in many national guidelines, but the contribution of fellatio to transmission of not only *N. gonorrhoeae* but also *C. trachomatis* has been demonstrated [4]. This means all *N. gonorrhoeae* / *C. trachomatis* detected in this study would likely contribute to onward transmission if left untreated, as self-clearance of asymptomatic infections takes longer (>100 days) [22] than the time to the next sexual encounter – at least on average in MSM with three or more partners per year.

It has been proposed that *C. trachomatis* infection control programmes based on early detection and treatment might interfere with the effects of immunity on population susceptibility to infection. The same authors suggest two strategies to decrease *C. trachomatis* infections at the population level: developing a vaccine or strategies to alter sexual networks [23]. Whereas in settings with low *C. trachomatis* prevalence (e.g., <5% in young adults), opportunistic testing may not result in “sizeable reductions” in chlamydia prevalence [24]; *C. trachomatis* prevalence was higher in this and other studies [25] of MSM, and asymptomatic rectal chlamydial infections in MSM have been proposed as an important reservoir fuelling transmission [26]. As 90% (unpublished data FOPH) of *N. gonorrhoeae* / *C. trachomatis* diagnoses in Switzerland are based on nucleic acid amplification technique (NAAT), it would also be difficult to screen for gonorrhoea alone.

Infections with *T. vaginalis* among MSM were not uncommon, although less frequent than *N. gonorrhoeae* / *C. trachomatis* and not significantly higher than in other multi-partner men. Other research has suggested that *T. vaginalis* may circulate within MSM networks and not result from concurrent sexual contact with women [27]. Our multi-variable model suggests that transmission of *T. vaginalis* (and *M. genitalium*) is less specific to MSM, and less dependent on typical STI determinants such as the number of sexual partners. Given the substantial side-effects of metronidazole (standard treatment for *T. vaginalis*), the high rates of antimicrobial resistance of *M. genitalium*, and the unclear public health impact of infections with *T. vaginalis* / *M. genitalium*, we do not recommend routine testing of men for *T. vaginalis* or *M. genitalium*. *M. genitalium* will be analysed in a subsequent paper.

### Risk and precautionary behaviour

Slightly more than half of men reported consistent condom use for anal or vaginal sex, with no significant difference between the two groups. In Switzerland at the time of enrolment, PrEP was recommended for men and women at high risk for HIV [28], but not implemented and only available through online importation. Two years later, 4%

of HIV-negative MSM reported current PrEP use [29], two thirds of them accessing PrEP informally online [14].

MSM reported much higher numbers of sexual partners than other multi-partner men. The distribution of partner numbers in the last 12 months almost perfectly reflected EMIS-2017 results, when the Swiss EMIS-2017 data was restricted to the sub-sample to men with 3+ partners (two thirds of the total): 3–10 partners, 62% (STAR) vs 56% (EMIS-2017); 11–20 partners, 19% vs 23%; 21–50 partners, 14% vs 14%, 50+ partners, 6% vs 7% [14]. Contrastingly, the majority of heterosexual men in STAR had only 3 to 5 sexual partners in the previous 12 months, but they were much more likely to report having paid for sex when compared with MSM.

Group sex and sexualised drug use were common among MSM. The proportion of MSM engaging in Chemsex was similar to other recently published studies from Switzerland – for example, the 11.8% of EMIS-2017 respondents in Switzerland reporting stimulant drugs in the last 12 months [14], or the 7.9% based on the same online tool but with a much larger sample size [30]. The difference from the latter publication might be attributable to our restriction to multi-partner men. What these studies have in common is the anonymous nature of reporting illicit/stigmatised behaviour. Surprisingly, Chemsex figures were not higher among HIV-positive MSM in the Swiss HIV Cohort Study [31], possibly indicating under-reporting of illicit/stigmatised behaviour in a clinical interview setting.

Since 2016, HPV vaccination has been recommended and reimbursed also for boys and men younger than 27 [32]. A result of 7% to 8% self-reported coverage among men in the eligible age group is an excellent outcome for the first year of implementation for men.

### Strengths and limitations

The strengths of this study include the large sample size of MSM, the high rate of follow-up, and the rigorous methodology with respect to comprehensive STI testing. The study was sufficiently powered to detect even rare infections such as hepatitis C. The study participants represented a broad range of men with respect to age, nationality, legal status and place of residence. Although the country's Italian-speaking part was clearly under-represented, we think that our MSM results are largely representative for sexually active gay and bisexual men in Switzerland.

This study has several limitations. It was not sufficiently powered to calculate the incidence of STIs among multi-partner men who exclusively have sex with women. The pooling of meatal/urethral, anal and pharyngeal swabs precludes the possibility of calculating site-specific prevalences, and also might lead to an underestimation of pharyngeal and thus overall *N. gonorrhoeae* infections [33]. Another major limitation is the absence of any test of cure. However, we think it is unlikely that syphilis, *N. gonorrhoeae* or *C. trachomatis* were not cured by standard treatment. Persisting infections would lead to an overestimation of incident cases, which is one of the reasons for not including MG or TV in our main outcome variable for incident STIs.

It needs to be highlighted that all behavioural data were self-reported. The finding that condom use was not protective against STIs (fig. S1 in appendix 1) has to be inter-

preted with caution. However, oral sex in MSM is typically condom-free – both fellatio [34] and oro-anal sex [35]. Although condoms effectively prevent contact with ejaculate, their effect of reducing mucosal contact over the whole course of sexual encounters is limited. In the common scenario of anal fingering prior to intercourse, transmission of STIs is possible via smear infection before or at the time of condom application.

### Implications

The high incidence-to-prevalence ratio of the combined endpoint (active syphilis, gonorrhoea, or chlamydia) suggests that annual screening may be insufficient to control the epidemic of these three STIs in MSM. Biannual screening might be more adequate as a standard for multi-partner MSM [36], particularly for those with more than 10 partners per year. Other research has also suggested specifying situations in which culture-based testing is needed to provide information about anti-microbial resistance in *N. gonorrhoeae* [20]. Given the high prevalence and incidence of gonorrhoea among multi-partner MSM, this population is a good target for additional culture testing, with costs borne by the health care system rather than by the client. The best testing frequency MSM still needs to be determined by mathematical modelling, and in Switzerland the online counselling tool used in voluntary counselling and testing centres could include an algorithm to estimate the best individual interval for repeat testing based on personal data. Routine testing of heterosexual multi-partner men is not supported by our findings. Being part of a dense sexual network with a high turn-over of sexual partners may have a much larger impact on STI transmission than individual sexual behaviour [37, 38].

### Conclusions

This study supports previous recommendations for MSM that syphilis testing and nucleic acid amplification technology-based screening for *N. gonorrhoeae* (combined with *C. trachomatis*) at extra-genital sites [25] should be widely available, and providers should be educated about appropriate screening practice [19, 39, 40]. However, recommending regular testing in asymptomatic multi-partner individuals for the benefit of public health is pointless if it is not affordable to those at risk. MSM at highest risk of infection would have to spend more than US\$ 2000 PPP [8] per year if screened for example every 3 months. The current price system in Switzerland may lead to substantial under-testing [20] and thus impede STI control among MSM. Given the high risk of onward transmission of bacterial STIs, low-cost or free routine screening of multi-partner MSM is a public health priority.

*Preliminary data of this study were presented at the 31st annual IUSTI Europe conference in Helsinki, Finland (IUSTI17-47, IUSTI17-53) in August/September 2017, and at the Swiss HIV&STI Forum in March 2018.*

### Acknowledgements

We thank all men who participated in this arm of the study, all staff who reached out to gay saunas, provided counselling, performed testing procedures, entered laboratory results online, and/or contributed to the study in other ways.

We are particularly thankful to the following individuals: M. Kluschke (clinical study supervision at Checkpoint Zurich), K. Keckeis (help

with cleaning of laboratory data); B. Aebersold, G. Aurora, C. Bischof, A. Christen, R.J. Fontana, D. Letsch, B. Leutwyler, W. Rim, S. Stözl, M. Stratmann, (recruitment and counselling); J. Bläuer, C. Bischof, R.J. Fontana, R. Zbinden (outreach work); I. Goegele, F. Imeri, L. Risch, N. Wohlwend (laboratory). R. Staub, F. Schöni-Affolter, S. Derendinger (support with the online counselling tool); N. Low (support with study planning). We thank Peter Weatherburn for proof-reading the manuscript.

### Author contributions

AJS coordinated and conceptualised the study, participated in data acquisition and supervised the study in St. Gallen, cleaned the data, performed the statistical analyses and wrote the manuscript. AL participated in the study design and helped with the organisation of outreach work. CE participated in data acquisition, supervised the study at PRO-FA, Canton of Vaud, and proof-read the manuscript. CVH participated in data acquisition and supervised the study at Inselspital, Bern. FJ participated in data acquisition at Checkpoint Vaud. KL participated in data acquisition at Checkpoint Basel. MRa coordinated the ethics approval, the laboratory collaboration, participated in data acquisition, supervised overall data entry, and organised MSM outreach work in Eastern Switzerland and Zurich. MRi supervised all PCR lab work and evaluated the raw data. MS participated in data acquisition and supervised the study at Checkpoint Basel. TK participated in data acquisition at Inselspital, Bern. TL supervised all serology laboratory work and evaluated the raw data. PV organised the funding, initiated and conceptualised the study, participated in data acquisition and cleaning of laboratory data, and substantially contributed to the manuscript. VC participated in data acquisition and supervised the study at Checkpoint Vaud. All authors contributed to the manuscript and approved the final version.

### Financial disclosure

The study was funded by Sanitas Health Care Foundation as well as by the Swiss Federal Office of Public Health (FOPH), Switzerland.

### Potential competing interests

AJS, AL, CE, CVH, FJ, KL, MRa, MRi, TL, VC: none. MS received financial support on behalf of his institution but unrelated to the study from Janssen-Cilag, ViiV Healthcare, Gilead Sciences, MSD, Sandoz, TEVA. PV received financial support on behalf of his institution but unrelated to the study from ViiV Healthcare, Gilead Sciences, BMS, MSD, Roche, TEVA.

### References

- 1 Federal Office of Public Health FOPH. National Programme on HIV and other STIs (NPHS) 2011–2017. Bern: Swiss Federal Office of Public Health; 2010. Available from: <https://www.bag.admin.ch/bag/en/home/strategie-und-politik/nationale-gesundheitsstrategien/nationales-programm-hiv-und-andere-sexuell-uebertragbare-infektionen/strategie.html> [accessed 2020 April].
- 2 Wasserheit JN, Aral SO. The dynamic topology of sexually transmitted disease epidemics: implications for prevention strategies. *J Infect Dis.* 1996;174(Suppl 2):S201–13. doi: [http://dx.doi.org/10.1093/infdis/174.Supplement\\_2.S201](http://dx.doi.org/10.1093/infdis/174.Supplement_2.S201). PubMed.
- 3 Warner L, Stone KM, Macaluso M, Buehler JW, Austin HD. Condom use and risk of gonorrhoea and Chlamydia: a systematic review of design and measurement factors assessed in epidemiologic studies. *Sex Transm Dis.* 2006;33(1):36–51. doi: <http://dx.doi.org/10.1097/01.olq.0000187908.42622.fd>. PubMed.
- 4 Marcus JL, Kohn RP, Barry PM, Philip SS, Bernstein KT. Chlamydia trachomatis and Neisseria gonorrhoeae transmission from the female oropharynx to the male urethra. *Sex Transm Dis.* 2011;38(5):372–3. doi: <http://dx.doi.org/10.1097/OLQ.0b013e3182029008>. PubMed.
- 5 Rank RG, Yeruva L. Hidden in plain sight: chlamydial gastrointestinal infection and its relevance to persistence in human genital infection. *Infect Immun.* 2014;82(4):1362–71. doi: <http://dx.doi.org/10.1128/IAI.01244-13>. PubMed.
- 6 Heijne JCM, van Liere GAFS, Hoebe CJPA, Bogaards JA, van Benthem BHB, Dukers-Muijers NHTM. What explains anorectal chlamydia infection in women? Implications of a mathematical model for test and treatment strategies. *Sex Transm Infect.* 2017;93(4):270–5. doi: <http://dx.doi.org/10.1136/ssextrans-2016-052786>. PubMed.
- 7 Notter J, Frey Tirri B, Bally F, Aebi Popp K, Yaron M, Nadal D, et al. [Sexually transmitted infection with Chlamydia trachomatis]. *Swiss*



- Med Forum. 2017;17(34):705–11. Article in German and French. doi: <http://dx.doi.org/10.4414/smf.2017.03020>.
- 8 Organisation for Economic Co-operation and Development. Purchasing power parities (PPP). Paris: OECD; 2018. Available from: <https://data.oecd.org/conversion/purchasing-power-parities-ppp.htm> [accessed April 2020].
  - 9 Schmidt AJ, Falcato L, Zahno B, Burri A, Regenass S, Müllhaupt B, et al. Prevalence of hepatitis C in a Swiss sample of men who have sex with men: whom to screen for HCV infection? BMC Public Health. 2014;14(1):3. doi: <http://dx.doi.org/10.1186/1471-2458-14-3>. PubMed.
  - 10 Vernazza P, Rasi M, Ritzler M, Dost F, Stoffel M, Aebi-Popp K, et al. The Swiss STAR trial—An Evaluation of Target Groups for STI Screening in the Sub-sample of Women. Swiss Med Wkly. 2020;150:w20393.
  - 11 Schmidt AJ, Altpeter E. The Denominator problem: estimating the size of local populations of men-who-have-sex-with-men and rates of HIV and other STIs in Switzerland. Sex Transm Infect. 2019;95(4):285–91. doi: <http://dx.doi.org/10.1136/sextrans-2017-053363>. PubMed.
  - 12 Clerc O, Darling K, Calmy A, Dubois-Arber F, Cavassini M. Hepatitis C Virus Awareness Among Men Who Have Sex With Men in Southwest Switzerland. Sex Transm Dis. 2016;43(1):44–8. doi: <http://dx.doi.org/10.1097/OLQ.0000000000000378>. PubMed.
  - 13 Federal Office of Public Health FOPH, Swiss Federal Vaccination Commission. [Swiss vaccination plan 2014. Guidelines and recommendations]. Bern: Swiss Federal Office of Public Health, 2014. Article in German. Available from: [https://ksgg.guidelines.ch/api/filestore/2nBFP8jzYazi0cK6CAyJvwTfIOPuUonjYKt8A/data/impf-plan\\_2014\\_de\\_final-2.pdf](https://ksgg.guidelines.ch/api/filestore/2nBFP8jzYazi0cK6CAyJvwTfIOPuUonjYKt8A/data/impf-plan_2014_de_final-2.pdf) [accessed 2020 April].
  - 14 Weber P, Gredig D, Lehner A, Nideröst S. European MSM Internet Survey (EMIS-2017). [National Report for Switzerland]. Olten: School of Social Work, University of Applied Sciences and Arts Northwestern Switzerland; 2019. Report in French and German. Available from: <http://sigmaresearch.org.uk/local/item/emis-2017-national-reports>.
  - 15 Spielmann N, Münstermann D, Hagedorn HJ, an der Heiden M, Houareau C, Günsenheimer-Bartmeyer B, et al., German HIV-1 Seroconverter Study Group. Time trends of syphilis and HSV-2 co-infection among men who have sex with men in the German HIV-1 seroconverter cohort from 1996-2007. Sex Transm Infect. 2010;86(5):331–6. doi: <http://dx.doi.org/10.1136/sti.2009.040857>. PubMed.
  - 16 Gray RT, Hoare A, McCann PD, Bradley J, Down I, Donovan B, et al. Will changes in gay men's sexual behavior reduce syphilis rates? Sex Transm Dis. 2011;38(12):1151–8. doi: <http://dx.doi.org/10.1097/OLQ.0b013e318238b85d>. PubMed.
  - 17 Clement ME, Hicks CB. Syphilis on the Rise: What Went Wrong? JAMA. 2016;315(21):2281–3. doi: <http://dx.doi.org/10.1001/jama.2016.7073>. PubMed.
  - 18 Shilaih M, Marzel A, Braun DL, Scherrer AU, Kovari H, Young J, et al.; and the Swiss HIV Cohort Study. Factors associated with syphilis incidence in the HIV-infected in the era of highly active antiretrovirals. Medicine (Baltimore). 2017;96(2):e5849. doi: <http://dx.doi.org/10.1097/MD.0000000000005849>. PubMed.
  - 19 Templeton DJ, Read P, Varma R, Bourne C. Australian sexually transmissible infection and HIV testing guidelines for asymptomatic men who have sex with men 2014: a review of the evidence. Sex Health. 2014;11(3):217–29. doi: <http://dx.doi.org/10.1071/SH14003>. PubMed.
  - 20 Low N, Unemo M, Skov Jensen J, Breuer J, Stephenson JM. Molecular diagnostics for gonorrhoea: implications for antimicrobial resistance and the threat of untreatable gonorrhoea. PLoS Med. 2014;11(2):e1001598. doi: <http://dx.doi.org/10.1371/journal.pmed.1001598>. PubMed.
  - 21 Braun DL, Marzel A, Steffens D, Schreiber PW, Grube C, Scherrer AU, et al.; Swiss HIV Cohort Study. High Rates of Subsequent Asymptomatic Sexually Transmitted Infections and Risky Sexual Behavior in Patients Initially Presenting With Primary Human Immunodeficiency Virus-1 Infection. Clin Infect Dis. 2018;66(5):735–42. doi: <http://dx.doi.org/10.1093/cid/cix873>. PubMed.
  - 22 Chow EP, Camilleri S, Ward C, Huffam S, Chen MY, Bradshaw CS, et al. Duration of gonorrhoea and chlamydia infection at the pharynx and rectum among men who have sex with men: a systematic review. Sex Health. 2016;13(3):199–204. doi: <http://dx.doi.org/10.1071/SH15175>. PubMed.
  - 23 Brunham RC, Pourbohloul B, Mak S, White R, Rekart ML. The unexpected impact of a Chlamydia trachomatis infection control program on susceptibility to reinfection. J Infect Dis. 2005;192(10):1836–44. doi: <http://dx.doi.org/10.1086/497341>. PubMed.
  - 24 Hocking JS, Temple-Smith M, Guy R, Donovan B, Braat S, Law M, et al.; ACCEPt Consortium. Population effectiveness of opportunistic chlamydia testing in primary care in Australia: a cluster-randomised controlled trial. Lancet. 2018;392(10156):1413–22. doi: [http://dx.doi.org/10.1016/S0140-6736\(18\)31816-6](http://dx.doi.org/10.1016/S0140-6736(18)31816-6). PubMed.
  - 25 Cornelisse VJ, Chow EP, Huffam S, Fairley CK, Bissessor M, De Petra V, et al. Increased Detection of Pharyngeal and Rectal Gonorrhoea in Men Who Have Sex With Men After Transition From Culture To Nucleic Acid Amplification Testing. Sex Transm Dis. 2017;44(2):114–7. doi: <http://dx.doi.org/10.1097/OLQ.0000000000000553>. PubMed.
  - 26 Annan NT, Sullivan AK, Nori A, Naydenova P, Alexander S, McKenna A, et al. Rectal chlamydia—a reservoir of undiagnosed infection in men who have sex with men. Sex Transm Infect. 2009;85(3):176–9. doi: <http://dx.doi.org/10.1136/sti.2008.031773>. PubMed.
  - 27 Hoffman CM, Fritz L, Radebe O, Dubbink JH, McIntyre JA, Kock MM, et al. Rectal *Trichomonas vaginalis* infection in South African men who have sex with men. Int J STD AIDS. 2018;29(14):1444–7. doi: <http://dx.doi.org/10.1177/0956462418788418>. PubMed.
  - 28 Federal Office of Public Health FOPH. Recommendations of the Swiss Federal Commission for Sexual Health (FCSH) on pre-exposure prophylaxis (PrEP) for HIV prevention. Bulletin. 2016;4. Available at: <https://www.bag.admin.ch/dam/bag/en/dokumente/mt/p-und-p/richtlinien-empfehlungen/prep-empfehlungen-der-eksg-januar-2016.pdf>. [accessed 2020 April 2020].
  - 29 The EMIS Network. EMIS-2017. The European Men-Who-Have-Sex-With-Men Internet Survey. Key findings from 50 countries. Stockholm: European Centre for Disease Prevention and Control; 2019. Available from: <http://sigmaresearch.org.uk/reports/item/report2019a> [accessed 2020 April].
  - 30 Giraudon I, Schmidt AJ, Mohammed H. Surveillance of sexualised drug use - the challenges and the opportunities. Int J Drug Policy. 2018;55:149–54. doi: <http://dx.doi.org/10.1016/j.drugpo.2018.03.017>. PubMed.
  - 31 Hampel B, Kusejko K, Kouyos RD, Böni J, Flepp M, Stöckle M, et al. Chemsex drugs on the rise: a longitudinal analysis of the Swiss HIV Cohort Study from 2007 to 2017. HIV Med. 2020;21(4):228–39. doi: <http://dx.doi.org/10.1111/hiv.12821>. PubMed.
  - 32 Federal Office of Public Health FOPH. [HPV: complementary vaccination recommendation for boys and men aged 11 to 26 years]. Bulletin. 2015;10:141–9. Article in French and German. available from: [www.bag.admin.ch/dam/bag/fr/dokumente/cc/Kampagnen/Bulletin/2015/BU\\_10\\_15\\_f.pdf](http://www.bag.admin.ch/dam/bag/fr/dokumente/cc/Kampagnen/Bulletin/2015/BU_10_15_f.pdf) [accessed 2020 April].
  - 33 Sultan B, White JA, Fish R, Carrick G, Brima N, Copas A, et al. The “3 in 1” Study: Pooling Self-Taken Pharyngeal, Urethral, and Rectal Samples into a Single Sample for Analysis for Detection of Neisseria gonorrhoeae and Chlamydia trachomatis in Men Who Have Sex with Men. J Clin Microbiol. 2016;54(3):650–6. doi: <http://dx.doi.org/10.1128/JCM.02460-15>. PubMed.
  - 34 Dudareva-Vizule S, Haar K, Sailer A, Wisplinghoff H, Wisplinghoff F, Marcus U; PARIS study group. Prevalence of pharyngeal and rectal Chlamydia trachomatis and Neisseria gonorrhoeae infections among men who have sex with men in Germany. Sex Transm Infect. 2014;90(1):46–51. doi: <http://dx.doi.org/10.1136/sextrans-2012-050929>. PubMed.
  - 35 Fairley CK, Hocking JS, Zhang L, Chow EP. Frequent Transmission of Gonorrhoea in Men Who Have Sex with Men. Emerg Infect Dis. 2017;23(1):102–4. doi: <http://dx.doi.org/10.3201/eid2301.161205>. PubMed.
  - 36 Jenness SM, Weiss KM, Goodreau SM, Gift T, Chesson H, Hoover KW, et al. Incidence of Gonorrhoea and Chlamydia Following Human Immunodeficiency Virus Preexposure Prophylaxis Among Men Who Have Sex With Men: A Modeling Study. Clin Infect Dis. 2017;65(5):712–8. doi: <http://dx.doi.org/10.1093/cid/cix439>. PubMed.
  - 37 Potterat JJ, Muth SQ, Rothenberg RB, Zimmerman-Rogers H, Green DL, Taylor JE, et al. Sexual network structure as an indicator of epidemic phase. Sex Transm Infect. 2002;78(Suppl 1):i152–8. doi: [http://dx.doi.org/10.1136/sti.78.suppl\\_1.i152](http://dx.doi.org/10.1136/sti.78.suppl_1.i152). PubMed.
  - 38 Potterat JJ, Rothenberg RB, Woodhouse DE, Muth JB, Pratts CI, Fogle JS, 2nd. Gonorrhoea as a social disease. Sex Transm Dis. 1985;12(1):25–32. doi: <http://dx.doi.org/10.1097/00007435-198501000-00006>. PubMed.
  - 39 Marcus JL, Bernstein KT, Kohn RP, Liska S, Philip SS. Infections missed by urethral-only screening for chlamydia or gonorrhoea detection among men who have sex with men. Sex Transm Dis. 2011;38(10):922–4. doi: <http://dx.doi.org/10.1097/OLQ.0b013e31822a2b2e>. PubMed.
  - 40 Chan PA, Robinette A, Montgomery M, Almonte A, Cu-Uvin S, Lonks JR, et al. Extragenital Infections Caused by Chlamydia trachomatis and Neisseria gonorrhoeae: A Review of the Literature. Infect Dis Obstet Gynecol. 2016;2016:5758387. doi: <http://dx.doi.org/10.1155/2016/5758387>. PubMed.

**Appendix 1: Methods in detail**

The appendix is available as a separate file in the download section at <https://smw.ch/article/doi/smw.2020.20392>.

## Appendix

### The Swiss STAR trial – an evaluation of target groups for sexually transmitted infection screening in the sub-sample of men

Axel J. Schmidt, Manuela Rasi, Cate Esson, Vanessa Christinet, Michael Ritzler, Thomas Lung, et al.

Original article | doi:10.4414/smw.2020.20392

Cite this as: Swiss Med Wkly. 2020;150:w20392 (Appendix)

### Methods (long version)

We set up a country-wide multi-centre prospective observational cohort, offering free STI-testing to multi-partner men and women in Switzerland. Inclusion criteria were 16 years or older and three or more sexual partners in the last twelve months. The only exclusion criterion was antibiotic treatment in the past four weeks. The study provided follow-up examinations every six months. Apart from free STI-testing, we offered no additional financial incentives to study participants. The study was called STAR trial (STI-Testing for Asymptomatic individuals at Risk).

#### Online counselling tool / clients' questionnaire

Most voluntary counselling and testing (VCT) centres in Switzerland have been using the same online tool since April 2008, available in German, French, Italian, and English, and has since been amended to meet the needs of the centres using it and to fit the purpose of this study. Data is stored safely in compliance with national and European data protection laws. Clients receive a unique 9- to 10-digit alphanumeric code for identification at subsequent visits. For this study the code was printed on a study card and its use was mandatory at each visit. The VCT software has two password-protected logins: one is created every time the VCT centre initiates a case, using the clients' year of birth and postal code area. With this login, the clients can anonymously self-complete an online questionnaire on a tablet or desktop computer in the waiting room or at home before a scheduled visit. The client is asked to enter data on gender identity and genitals, sexual identity, detailed sexual history, previously diagnosed HIV or STIs, sexual happiness, mental health, drug use, risk and precautionary behaviour, including the numbers of sexual partners, STI testing and vaccination history. Completing the questionnaire takes 10–20 minutes. For each client

seeking HIV/STI-testing in a participating centre, the online tool auto-checked eligibility based on the clients self-reported data and flagged eligibility to the health care professional.

The second login was for the health care professional to see certain key information necessary for planning of counselling and testing. In this study, health care professionals used the tool to document their interventions: STI tests, vaccinations, pre- and post-exposure prophylaxis for HIV, as well as information on STI test results, treatment and partner notification. Participants underwent the testing procedures, were asked to call-in for their results anonymously two days later (using the provided alpha-numerical code on their study card) and were asked to return in six months' time or when experiencing symptoms of STIs. In case of symptomatic STIs the testing procedure was similar, but the next follow-up visit was changed to six months after the symptomatic visit.

Five cantonal/regional ethical boards approved the study, and all participants gave informed consent before any study procedure was performed. Study information was available online as well as on paper in German, French, English, Spanish, Bulgarian, Hungarian, Romanian, and Russian.

#### Participating centres

All VCT centres in Switzerland [1], including the country's five gay health centres ('Checkpoints') and several organisations working with FSWs were approached and invited to participate, including two large drop-in health centres for FSWs in Zurich and Geneva. The centres received a bonus for including a pre-defined number of study participants at three months after local study initi-

ation, and a fee for each visit. Overall, 10 centres participated, among them two general hospitals (University Hospital Bern, Cantonal Hospital St. Gallen), four Checkpoints (Basel, Bern, Vaud, Zurich), three dedicated health centres for FSW (*Ladycheck*, Basel; *Isla Victoria*, Zurich, Walk-in Clinic Kanonengasse, Zurich), and PROFA, a private foundation offering sexual health services with eight centres in the Canton of Vaud. Outreach work for MSM was organised by the Cantonal Hospital St. Gallen in close collaboration with Swiss AIDS Federation, AIDS-Hilfe St.Gallen-Appenzell, *Mann-O-Mann* sauna in St. Gallen, *Moustache* sauna in Zurich. Outreach work for FSWs was organised by *Ladycheck*, *Isla Victoria*, and the Cantonal Hospital St. Gallen in collaboration with *Maria Magdalena*, an organisation providing counselling for FSWs in the canton of St. Gallen.

## Recruitment

We recruited most men and women directly in VCT centres, triggered by website banners promoting free STI testing and word-of-mouth. MSM were also approached during local HIV/STI-testing outreach work in gay saunas. FSWs were also approached through outreach work in brothels. Participants were enrolled between January and December 2016, inclusion of FSW was extended until July 2017. Follow-up visits were possible until July 2017.

## Laboratory

All centres were invited to collaborate with the study's central laboratory. Checkpoint Zurich engaged a different laboratory (identical methodology, 9% of all tests). At each baseline and follow-up visit, we systematically took a blood sample and performed pharyngeal, anorectal, and genital swabbing, regard-less of sexual history. Individuals with a vagina were vaginally swabbed or offered vaginal self-swabbing – equally effective but more acceptable [2] – alongside a one-page handout with visual instructions. Individuals with a penis were offered meatal swabs [3, 4] – penile self-swabbing was allowed upon request by known clients. In many cases the health care professional performed anorectal and pharyngeal swabbing, but self-swabbing was possible and accompanied by written instructions. All three swabs were then pooled to save costs. [5]

We used the Anyplex™ II STI-7 multiplex PCR assay from Seegene® for the detection of *N. gonorrhoeae* (NG), *C. trachomatis* (CT), *T. vaginalis* (TV), *M. genitalium* (MG), *M. hominis*, *U. urealyticum*, and *U. parvum* for pooled swabs (from pharynx, urethra, anus). Results of the last three bacteria mentioned are not reported as they are typically interpreted as commensal flora of the genital tract. [6] In addition to swabbing we performed antibody tests for HIV (HIV combi PT, ECLIA, cobas® 6000; module cobas® e601, Roche, Basel, CH) and *T. pallidum* (IgG/M Treponema screen, CLIA, Liaison® XL, DiaSorin, Saluggia, IT). Positive syphilis

screening tests were confirmed by rapid plasma reagin (SYPHILIS RPR, flocculation quicktest, HUMAN, Wiesbaden, DE) as part of the study. Confirmation of reactive HIV screening tests – if not reflecting an already known diagnosis – was organised by the centre.

Baseline, but not follow-up visits, included tests for antibodies against hepatitis B surface antigen (HBs-AB) and the hepatitis C virus (HCV-AB)(Anti-HBs II and Anti-HCV II, ECLIA, cobas® 6000), followed by a confirmation test (HCV IgG recomLine, Mikrogen Diagnostik, Neuried, DE) and, if positive, HCV-RNA (HCV viral load, m2000 RealTime Systems, Abbott, Lake Bluff, US). In 06/2016, upon request of participating centres, we added antibodies against hepatitis B core antigen (HBc-AB) to the baseline package (Anti-HBc II, ECLIA, cobas® 6000).

All samples were labelled with the respective alphanumeric code, and for safety, the client's year of birth, postal code, and gender. The time needed for sampling, including the venous puncture, was approximately 15 minutes. Results were available two days later and had to be actively collected by the client. Treatment costs were not included in the study.

## Other sexual health outcomes and sexualised drug use

The Swiss national online counselling tool includes a detailed list of symptoms, tailored to the participants' genitals: vaginal itching, abnormal vaginal discharge, foul-smelling odours; itching around the opening of the penis, penile discharge, pain and swelling of the testicles; spots or sores on the genitals, burning sensation when passing urine or during sex; pain on passing stool; dull pain in the rectum; rectal discharge.

It also covers two measures of sexual health other than HIV/STI diagnoses or symptoms: (1) sexual happiness ('Are you happy with your sex life?') with a 4-level Likert scale and a 5<sup>th</sup> item for people who sell sex ('I have no private sex life'), and (2) depression, measured with a short variant (PHQ-2) of the depression screening tool known as 'patient health questionnaire', with a reported sensitivity of 90–99% and a specificity of 53–62%. [7]

In recent years, certain forms of sexualised drug use (SDU) among gay men have become a new focus of research and activism, often referred to as 'chemsex'[8]. In this paper, we include two SDU measures – a more general one ('Do you consume poppers, cannabis, cocaine or synthetic drugs before or during sex? – Yes/No') and a more specific one ('chemsex'). The latter was introduced in 11/2016 and thus not available for most study participants at baseline. Participants who answered the general SDU questions with 'Yes', were asked additional questions on four specific substances, sometimes referred to as the '4-chems' [9]: 'In the last 12 months, have you consumed GHB/GBL (liquid ecstasy) / ketamine (special K) / Mephedrone (Meph,



Miau) / Crystal (Meth, Tina)?'. For each checked substance, participants were asked: 'How often do you take (...)? – Rarely when I have sex / Often when I have sex / Always when I have sex.' [10]

## Statistical planning and analysis

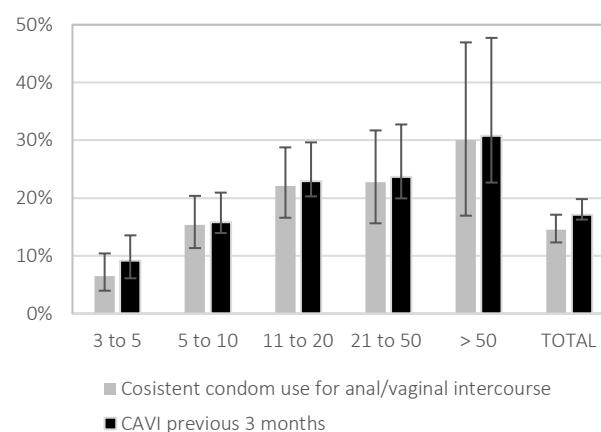
All data analyses were performed using SPSS, v24. For all clinical outcomes, we provided two-sided 95% confidence intervals (CI); when the outcome was zero, we used the 'rule of three' [11] to estimate the upper limit of the 95% CI. To compare clinical outcomes between MSM/FSWs and their small comparison groups of other multi-partner men/women, we used Fisher's Exact Test for the calculation of exact p-values. To describe factors associated with STIs, we performed univariable and multi-variable logistic regression analyses and calculated adjusted Odds Ratios (AORs), setting overall significance at  $p < 0.05$ . We used two composite endpoints: (1) active syphilis, NG, or CT; (2) any of the included STIs. To see if our models were valid for asymptomatic individuals, we performed a sensitivity analysis controlling for symptoms.

Switzerland's MSM population has been estimated at 80 000 (95% confidence interval: 64 000–96 000) individuals aged 15–64. [12] Based on published data with 10–13% of rectal swabs being positive for NG and CT [13], and assuming a drop-out rate of 25%, we calculated a minimum sample size of  $N = 430$  for baseline and follow-up to achieve 80% power for prevalent and incident non-viral STIs. Based on a seroprevalence (HCV-AB) of 0.4% among MSM without diagnosed HIV [14], 520 MSM were needed to achieve 80% power to detect HCV in non-HIV-diagnosed MSM at baseline.

Estimating the size of Switzerland's FSW population is methodologically challenging, not least due to the high level of fluctuation (into and out of the country and/or between cities). The most frequently used estimate is 13 000–20 000. [15]

Based on a published STI prevalence of 7–19% among FSWs in Germany [16], we calculated a needed sample size of  $N = 400$  to achieve 80% power for detecting non-viral STIs. We calculated with an assumed dropout rate of 50%, substantially under-estimating the turn-over of FSW in the study, and probably in the country.

**Figure S1:** Percentages of confirmed diagnosis of syphilis, gonorrhoea, or chlamydia in the 'men' part of the STAR trial, by numbers of sexual partners (previous 12 months) and consistency of condom use for anal/vaginal sex (previous 3 months).  $N = 871$ . CAVI, condomless anal or vaginal intercourse



**Table S1:** Comparison of prevalence rates for HIV, syphilis, gonorrhoea, *C. trachomatis*, and hepatitis B in the FSW part of the STAR trial with findings from the ASPASIE study [17] in Geneva (March 2017–March 2019). The ASPASIE study did not provide 95%-confidence intervals, so we calculated them to increase comparability of the results.

PREVALENCE AT BASELINE	STAR trial (2015–17) % (95%-CI)	ASPASIE study† (2017–19) % (95%-CI)
FSWs with baseline visit	$N = 490$	$N = 258$
All prevalent HIV	0.4 (0.1–1.6)	0.4 (0.0–2.5)
Active syphilis (treatment)	1.2 (0.5–2.8)	0.8 (0.1–3.1)
<i>T. pallidum</i> IgG/M positive	5.9 (4.1–8.5)	5.4 (3.1–9.1)
<i>N. gonorrhoeae</i>	4.9 (3.2–7.3)	2.0 (0.6–5.3)
<i>C. trachomatis</i>	6.3 (4.4–9.0)	5.9 (3.2–10.3)
HbC-AB positive, HBs-AB negative	1.4 (0.8–1.8)	†0.0 (0.0–1.2)

CI, confidence interval; FSW, female sex worker. †In the ASPASIE study, antibodies for HIV and *T. pallidum* were measured with SD BIOLINE HIV/Syphilis Duo® rapid test; active HBV infection was measured by the prevalence of hepatitis B virus surface antigen (Vikia® HBs-Ag rapid test). Individuals positive for HBs-Ag are a sub-group of those with the marker for uncleared infection, the marker used in the STAR trial is thus necessarily higher than the marker used in the ASPASIE study.

## References

- 1 Federal Office of Public Health FOPH. Find your nearest test and counselling centre 2019 [Available from: <https://www.love-life.ch/en/hiv-co/counselling-centres/find-a-counselling-centre>, accessed April 2020]
- 2 Van Der Pol B, Taylor SN, Liesenfeld O, et al. Vaginal swabs are the optimal specimen for detection of genital Chlamydia trachomatis or Neisseria gonorrhoeae using the Cobas 4800 CT/NG test. *Sex Transm Dis* 2013;40(3):247-50. doi: <https://doi.org/10.1097/OLQ.0b013e3182717833>
- 3 Dize L, Barnes P, Jr., Barnes M, et al. Performance of self-collected penile-meatal swabs compared to clinician-collected urethral swabs for the detection of Chlamydia trachomatis, Neisseria gonorrhoeae, Trichomonas vaginalis, and Mycoplasma genitalium by nucleic acid amplification assays. *Diagn Microbiol Infect Dis* 2016;86(2):131-5. doi: <https://doi.org/10.1016/j.diagmicrobio.2016.07.018>
- 4 Berry L, Stanley B. Comparison of self-collected meatal swabs with urine specimens for the diagnosis of Chlamydia trachomatis and Neisseria gonorrhoeae in men. *J Med Microbiol* 2017;66(2):134-36. doi: <https://doi.org/10.1099/jmm.0.000428>
- 5 Sultan B, White JA, Fish R, et al. The "3 in 1" Study: Pooling Self-Taken Pharyngeal, Urethral, and Rectal Samples into a Single Sample for Analysis for Detection of Neisseria gonorrhoeae and Chlamydia trachomatis in Men Who Have Sex with Men. *J Clin Microbiol* 2016;54(3):650-6. doi: <https://doi.org/10.1128/JCM.02460-15>
- 6 Homer P, Donders G, Cusini M, et al. Should we be testing for urogenital Mycoplasma hominis, Ureaplasma parvum and Ureaplasma urealyticum in men and women? - a position statement from the European STI Guidelines Editorial Board. *J Eur Acad Dermatol Venereol* 2018;32(11):1845-51. doi: <https://doi.org/10.1111/jdv.15146>
- 7 Whooley MA, Avins AL, Miranda J, et al. Case-finding instruments for depression. Two questions are as good as many. *J Gen Intern Med* 1997;12(7):439-45. doi: <https://doi.org/10.1046/j.1525-1497.1997.00076.x>
- 8 Hickson F. Chemsex as edgework: towards a sociological understanding. *Sex Health* 2018;15(2):102-07. doi: <https://doi.org/10.1071/SH17166>
- 9 Schmidt AJ, Boume A, Weatherburn P, et al. Illicit drug use among gay and bisexual men in 44 cities: Findings from the European MSM Internet Survey (EMIS). *Int J Drug Policy* 2016;38:4-12. doi: <https://doi.org/10.1016/j.drugpo.2016.09.007>
- 10 Giraudon I, Schmidt AJ, Mohammed H. Surveillance of sexualised drug use - the challenges and the opportunities. *Int J Drug Policy* 2018;55:149-54. doi: <https://doi.org/10.1016/j.drugpo.2018.03.017>
- 11 Hanley JA, Lippman-Hand A. If nothing goes wrong, is everything all right? Interpreting zero numerators. *JAMA* 1983;249(13):1743-5.
- 12 Schmidt AJ, Altpeter E. The Denominator problem: estimating the size of local populations of men-who-have-sex-with-men and rates of HIV and other STIs in Switzerland. *Sex Transm Infect* 2019;95(4):285-91. doi: <https://doi.org/10.1136/sextrans-2017-053363>
- 13 Dudareva-Vizule S, Haar K, Sailer A, et al. Prevalence of pharyngeal and rectal Chlamydia trachomatis and Neisseria gonorrhoeae infections among men who have sex with men in Germany. *Sex Transm Infect* 2014;90(1):46-51. doi: <https://doi.org/10.1136/sextrans-2012-050929>
- 14 Schmidt AJ, Falcato L, Zahno B, et al. Prevalence of hepatitis C in a Swiss sample of men who have sex with men: whom to screen for HCV infection? *BMC Public Health* 2014;14:3. doi: <https://doi.org/10.1186/1471-2458-14-3>
- 15 Bugnon G, Chimienti M, Chiquet L, et al. [Mapping, control, and health promotion in the sex market in Switzerland]. Genève: Université de Genève 2009 [Article in French; available from: [https://www.unige.ch/sciences-societe/socio/files/6014/2246/0095/sociograph\\_7\\_final.pdf](https://www.unige.ch/sciences-societe/socio/files/6014/2246/0095/sociograph_7_final.pdf), accessed April 2020].
- 16 Robert Koch Institute. [Workshop STI studies and prevention work in female sex workers] Berlin: RKI 2012 [Report in German: Bericht: Workshop des Robert Koch-Instituts zum Thema STI-Studien und Präventionsarbeit bei Sexarbeiterinnen, 13.-14. Dezember 2011. RKI-Projekt-Nummer: 1368-1061]
- 17 Wetzel D, Delicado N, Wehrli M, et al. [Establishment of a VCT HIV / STI consultation for people practicing prostitution in Geneva. Activity report of the pilot phase March 2017- March 2019]. Geneva: Aspasia, GsG, PSM (HUG) 2019 [Report in French].