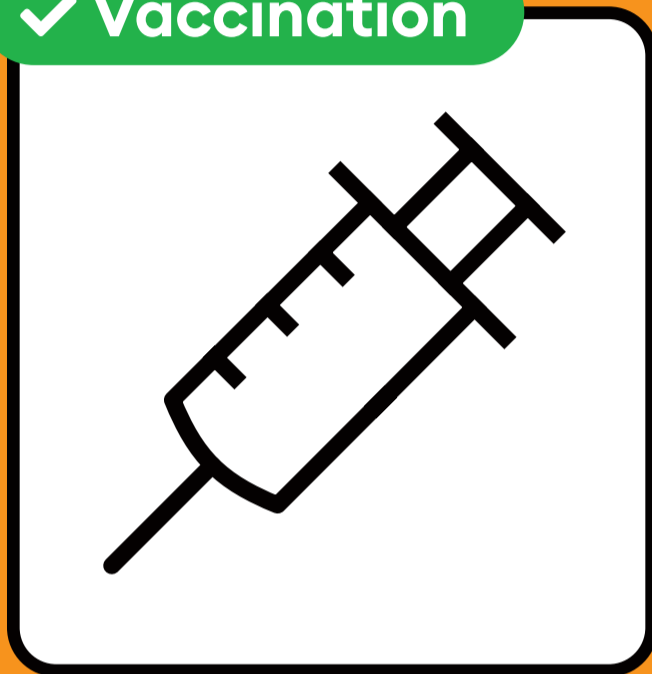


# PROTECT YOURSELF AND OTHERS



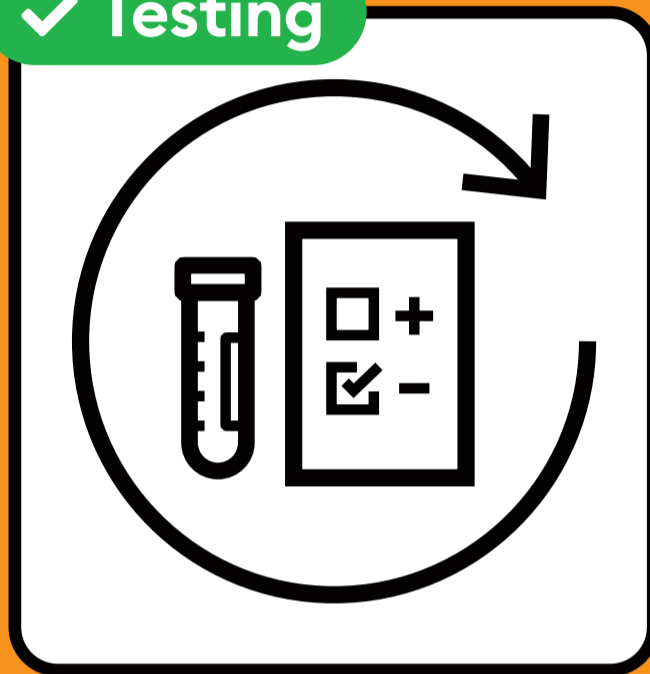
## Especially important at the moment:

### ✓ Vaccination



Recommended: COVID-19 vaccination.

### ✓ Testing

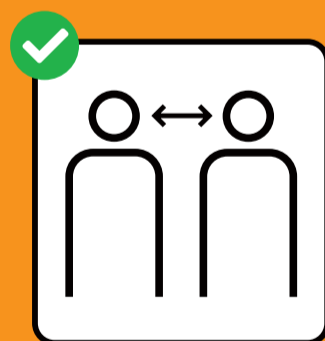


Get tested regularly, even if you don't have symptoms.

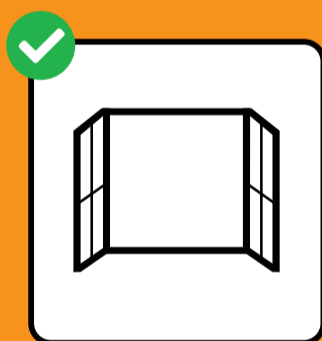
## Still important:



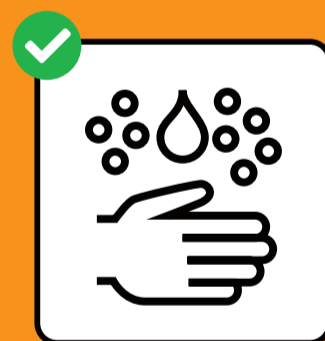
Wear a mask when required.



Keep your distance.



Ventilate rooms several times a day.



Wash your hands thoroughly and avoid shaking hands.



To enable contact tracing, always provide your complete contact information.



If you experience symptoms, get tested immediately and stay at home.

[www.foph-coronavirus.ch](http://www.foph-coronavirus.ch)

Rules can vary from canton to canton.



Schweizerische Eidgenossenschaft  
Confédération suisse  
Confederazione Svizzera  
Confederaziun svizra

Swiss Confederation

Bundesamt für Gesundheit BAG  
Office fédéral de la santé publique OFSP  
Ufficio federale della sanità pubblica UFSP  
Uffizi federal da sanadad publica UFSP



SwissCovid App  
Download