

Are you travelling from a region with a high risk of mosquito-borne diseases?

Beware of illnesses such as Chikungunya, Dengue and Zika

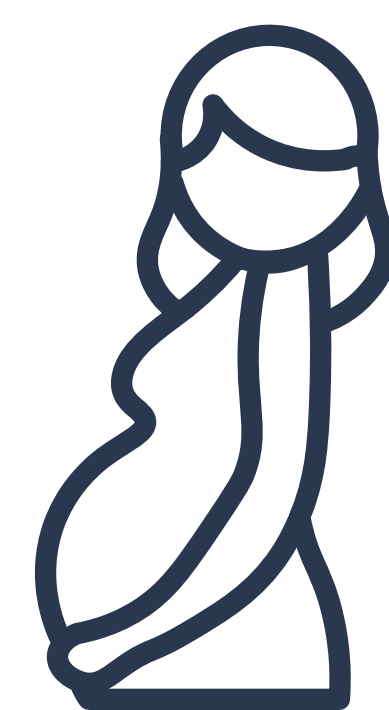


If you have **symptoms** such as

fever
joint and muscle pain
rash
headache

Contact a **doctor**

Be especially careful during pregnancy



Protect yourself from mosquito bites during the first 14 days after your arrival.



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

Federal Department of Home Affairs FDHA
Federal Office of Public Health FOPH

For more information, visit:
www.bag.admin.ch/travelinfo

Are you travelling from a region with a high risk of mosquito-borne diseases?

Get country-specific information at
HealthyTravel.ch



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

Federal Department of Home Affairs FDHA
Federal Office of Public Health FOPH

For more information, visit:
www.bag.admin.ch/travelinfo